
SUNSMART PRIMARY POLICY

PURPOSE

Over exposure to the UV rays from the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school.

AIMS

- To educate students as to suitable sunsmart protection strategies.
- To encourage children and teachers to protect themselves from the harmful effects of the sun.

IMPLEMENTATION

- This policy is to be read as part of our Student Dress Code which includes shirts with collars and elbow-length sleeves, longer dresses and shorts and rash vests or t-shirts for outdoor swimming.
- Children will be required to wear Cancer Council approved close-weave hats from mid August to April or when needed, that protect their face, neck and ears, i.e. legionnaire, broad brimmed at least 6 cm rigid brim or bucket hats, whenever they are outside.
- UV exposure to Staff is an OH&S issue and they will act as role models to reduce their UV exposure by also wearing Cancer Council approved hats that protect their face, neck and ears from mid August- April.
- Appropriate School Council approved school uniform hats for students will be readily available in the uniform shop for purchase.
- Children without approved hats will be restricted to play in designated shaded areas. Children who habitually don't bring a hat that meets School Council requirements may be restricted from playing outside.
- Students must provide their own SPF 30 (or higher) broad-spectrum, water-resistant sunscreen and sunscreen will generally be applied by students themselves, according to the manufacturer's directions, under the supervision of teachers. Teachers may apply sunscreen to very young or disabled students if necessary, and if written parental approval is provided. The use-by date of sunscreen will be monitored and replaced when necessary.
- Whenever possible, outside vigorous activities on hot days exceeding 33 degrees celcius will be scheduled before 11:30 am.
- The School Council will provide adequate shade structures for students as practicable; particularly over high density play areas such as sand pits and play equipment.
- The school newsletter and school assemblies will be used to highlight and reinforce the sunsmart policy.
- From mid August – April, parents/visitors helping or attending outdoor activities will be encouraged to use sun protection from the Staff member in charge.

- Sunsmart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels.
- Our school will seek membership as a Sunsmart school at the Cancer Council of Victoria.

EVALUATION

This policy was originally formed, and will be reviewed in consultation with all members of the wider community (all staff, parents, students, and interested members of the community) as part of the school's five - year review cycle.

REFERENCES

<http://www.education.vic.gov.au/school/principals/spag/health/pages/sun.aspx>

REVIEW CYCLE

This policy was last updated July 2019 and is scheduled for review in July 2022. This policy was originally formed, and will be reviewed in consultation with all members of the wider community (all staff, parents, students, and interested members of the community) as part of the school's five - year review cycle.

SIGNATURES

Debra Herrmann
Principal

Becks Wapshott
School Council President

Date: July 2019

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