

Patchwork News

Respect, Responsibility, Integrity

Thursday 15th September Term 3 Issue 2, 2022 Telephone: 9756 7463 OSHClub: 1300 395 735 / 0400 708 773 Email: <u>the.patch.ps@education.vic.gov.au</u> Website: <u>www.thepatchps.vic.edu.au</u>

Dates to Remember

September

Fri 16th

LAST DAY OF TERM 3 – Early Finish 2.00pm Preps & siblings 2.15pm Yr 1/2 & siblings 2.30pm Yr 3-6

October

Mon 3 rd	FIRST DAY OF TERM 4 (don't forget about Day Light Savings commencing)
Tues 4 th	Summer Sport – Cricket, Volleyball, Softball & Tennis (selected students)
Thurs 6 th	log 40 th Birthday Celebration – A Patch in Time!!
Tues 11 th	Casual Dress Day – no cost
Thurs 27 th	🐼 Halloween Dress up Day 🐼
Fri 28 th	CURRICULUM DAY – Student Free Day
Mon 31 st	Common Professional Practice Day

November

Tues 1^{st} Wed 2^{nd} – Mon 7^{th} Tues 8^{th} – Fri 11^{th} Wed 9^{th} Fri 11^{th} Wed 16^{th} Fri 18^{th} Wed 23^{rd} Fri 25^{th} Mon 21^{st} Mon 28^{th} Melbourne Cup Day – PUBLIC HOLIDAY Prep & Y1/2 Swimming Lessons (not 1/2C) Y3, Y4 & 1/2C Swimming Lessons Prep 2023 Transition Session 1 (9.30am-10.30am) Puffing Billy excursion for Preps and Y6 Prep 2023 Transition Session 2 (9.30am-10.30am) Casual Dress Day – UNHCR (donations via Qkr!) Prep 2023 Transition Session 3 (9.30am-10.30am) Junior School Athletics Day Proposed Smile Squad Dental Van Visit Y1/2 Day Camp – Log Cabin Ranch Prep Camp Afternoon

Bell Times 8:55am Warning Bell 9:00am Learning Begins 11-11:45am First Break 11:45-12pm Lunch eating time 2-2:30pm Second Break 3:00pm Prep Dismissal 3.15pm Yr1/2 Dismissal 3.30pm Yr 3-6 Dismissal

Assemblies every

Friday on the

basketball court at

9.10am.

Families are welcome

to attend!

Some words from Michelle...

How wonderful to finally welcome Spring and to have the light in the morning to remind us that warmer weather is on the way. Despite the relentless cold, rainy weather, there is a feeling in the air that we are through the worst and the approaching holidays will be a timely opportunity to recharge the batteries and return to school refreshed, reinvigorated and ready for a wonderful term 4.

Unfortunately, Deb is unwell at the moment and on sick leave. Hopefully, she makes a full recovery soon and is able to return in full health. In her absence I have written a few bits about upcoming and current events.



40th Birthday Celebration Update

Our first week back begins with a bang as our 40th Birthday Celebrations, "A Patch in Time", takes place on Thursday, October 6th. The day will be a celebration of all things school, the '80s, the number 40, and our local history.

All classes have been heavily involved in investigating our school and local history, creating representations of our landscapes and buildings, exploring significant events in our school's history, preparing performances to share with the broader community and genuinely becoming more familiar with how our school has grown and changed over the years. We love our school and want to share some of it's greatest achievements with you.

This is roughly what the day will look like:

- 9.15am on the basketball court (weather permitting), the day will begin with an Acknowledgement of Country by Emily Webbers (proud Gunai/Kurnai woman) and kinder children.
- 9.30ish: Year 3 students to do a performance depicting some of the events our school has produced over the years
- 10 11am: Prep classes open for classes (and adult visitors) to view the models they have created of the school and landscape
- 12 1pm: Year 1/2 classrooms open for classes (and adult visitors) to view the creation stories and related activities to share some Indigenous history of the area.
- 1 2pm: Year 4/5 classrooms open for classes (and adult visitors) to view the projects students have developed that focus on a range of themes from the '80s (fashions, music, etc)
- 2.30 3.15pm: Year 3 & 6 classrooms open for classes (and adult visitors) to view student projects that explore school history, changes and highlights.

40th Birthday Celebration Update cont...

We are approaching this day as a bit of an Open Day where parents are welcome to drop in at any time and view what is going on around the school. There will be a visitors' book to sign in so we know who is on site, and we hope parents will take the opportunity to see some of your child's work over the last term.

From 4pm a Whole-School Performance will take place on the basketball court. The rough outline will include:

- Acknowledgement of Country by Emily Webbers.
- Year level and some ensemble music performances featuring some '80s songs
- Mask parade by year 6 students
- Whole school aerobics workout (audience included) it is the '80s after all!
- MC'ed by Paddy Harvey

There will seating and standing room for the audience to watch the performance. Feel free to bring a chair of your own also.

Following this, there will be a beer and wine tent, food stalls, ice-cream van, popcorn, fairy floss, all in keeping with the '80s to keep up the vibe and promote opportunities to catch up and have fun. There will also be a small display depicting some historical aspects of the school site and a wonderful silent art auction in the library. **Dress in '80s gear** (may be fashions on the field if there are sufficient styles worth celebrating!)

A platform called signup.com will enable volunteers to offer help for a range of tasks including setting up and packing up stalls, serving, selling or decorating. We would love to see as many helpers as possible donate an hour to ensure the event is simply wonderful.

Please see our social media posts for more information.



PRICE LIST

SOFT SERVE ICE CREAM Plain Vanilla Chocolate Dipped, Plain & Candy / Sherbet Choc Dip & Candy, Choc Dip & Nuts!	\$5.00 \$5.50 \$6.00
GELATI ICE CREAM - ALL FLAVOURS Plain Vanilla Chocolate Dipped, Plain & Candy / Sherbet Choc Dip & Candy, Choc Dip & Nuts!	\$7.00
LARGE CUPS Chocolate / Strawberry / Caramel Sundae Rainbow Gelato Cup	\$9.00 \$10.00
SMALL CUPS Chocolate / Strawberry / Caramel Sundae Rainbow Gelato Cup	\$6.00 \$7.00
All Double Cones Waffle Cones Flakes Fairy Floss Multi Coloured Bag	\$3.00 Extra \$1.00 Extra \$2.00 Extra \$6.00





Size 10,12 & 14 short sleeved polo tops are currently out of stock at Beleza School Uniforms.

The team at Beleza have given us an ETA of late Oct / early Nov at this stage. This ETA is factoring in possible shipping delays and the time their warehouse would need to process the stock and deliver it to the Boronia store. They are hoping that the ETA of late Oct / early Nov is a worst-case scenario.

Apologies for the inconvenience and thank you for your understanding!

Update - The girls winter tunic will also be available up to size 16 next year.



CUBBY COUNCIL



Three weeks ago, a Cubby Council was established to address some of the problems that have emerged around the cubby building area near the oval. This space has long been an area were constructive and creative play has been promoted in the way of cubby building and has been modelled on some strong international research around the importance of "den-making" for young children, especially those between 7 - 9.

Our cubby council meet every week with me for the last hour on Wednesday and so far we have been able to identify lots of things we love about the cubbies, lots of problems that are faced at the cubbies, a range of possible solutions that could improve experiences at the cubbies and a recognition that the group itself may have been responsible for some of the issues but are important stakeholders to enable us to move forward.

The group is made up of 20 students from Prep – 6 and our most recent discussions have been to create a series of statements that promote a positive environment for all at the cubbies.

Statements such as: At our cubbies, we:

- Work together to create a welcoming and inclusive environment for all
- Share materials fairly and respect each other's ideas
- Ensure our structures and behaviours are safe
- Respect other people's constructions and materials
- Value living things and only use loose materials in and around the space provided

This is just a start in our problem-solving, but it demonstrates the will students have to find ways to keep the cubby building opportunities available for all.

Let's see what they come up with next...

Michelle

Building Update:

There has been much progress around our Building Upgrade and we are on track to soon be able to see a MASTER PLAN created by the architectural company, Craig Tan Architects, that will provide a vision for possible works across the whole school site.

Stage 1 construction is scheduled to begin next October 2023, with completion 12 months later. We have been involved in weekly meetings with the architects and project managers from the Victorian School Building Authority and have found the process inspirational. We feel our school values, ethos and goals are well understood and embedded in all aspects of the concept plans, including the landscape architecture.

Next term we will be able to share the finished Master Plan with the community and outline the process for rolling out stage one which is to improve teaching and learning spaces in the main building. This may be through a whole new build or a refurbishment of the existing building.

We are also in the process of requesting funds for stage 2 works which be identified in the master plan. We intend to keep the pressure on for continued funding to ensure all aspects of the master plan are able to be implemented. This would be the ideal outcome for our school.

Michelle Rayner - michelle.rayner@education.vic.gov.au

Wellbeing Support – Anne Lawry

For Anne to arrange an appointment to see your child she requires a referral from the parent/guardian, teacher or child along with a signed Wellbeing Support OPT IN form.

The best way to make a referral is to email Anne: annelawrytpps@gmail.com Wellbeing Support OPT IN forms are available at the office.

Some things we can be certain of!!

Anne Lawry

The role of caring for our young people is always important. However, it remains particularly important as they face ongoing challenges relating to the exceptional period we continue to live through.



I'm sure we all remember hearing about "the new normal" and we all hoped to return to the old normal. However, unfortunately it seems that normal, as we used to know it, continues to elude us. Although lock downs have ceased, disruption and uncertainty have continued. There has been a great deal of sickness as well. Certainly, life can be exhausting!! While we have hung in there for some time now, we continue to hope that the struggle will be worth it. In time many things will become apparent from this exceptional

🔘 dreamstime.com

In the meantime, our young people continue to navigate a

period – some good and some not so good.

way through the challenges. It's very natural for them to feel upset and angry when events are rescheduled or cancelled. It's also natural for them to experience increased anxiety, to have difficulty defining their emotions or in regulating them.

At school we are seeing some of this coming out in a variety of ways. For example - a reluctance to attend school; challenges with social interactions; inexplicable feelings of anger or anxiety and difficulty sleeping.

Being with young people brings moments of wondrousness, of tremendous challenge, of frustration and of anxiety. Whatever the age of the young people in our care, there will always be new things that crop up, new topics for discussion and new things for us to learn. There can be pleasant surprises and not so pleasant surprises. Certainly, life is not dull!!

So many aspects of our roles in caring for our young people require us to develop skills and strengths, that we never imagined we would need to acquire, as we navigate and grow through each new challenge.

GROW THROUGH, WHAT YOU GO THROUGH.



Some things we can anticipate, and others come at us from left field. Sometimes we dare to hope for an easy ride, to find that suddenly it isn't.

There are occasions we anticipate difficulties, and surprisingly everything runs smoothly.

The love that we feel for our young people can often be the one thing that enables us to get through.

Certainly, life can be a roller coaster!!

As they ride the roller coaster of life, our young people depend on us, their parents, teachers, and other trusted adults for their safety and a sense of security and connection. They look to us for information and cues about what to think and how to respond. When we demonstrate anxiety, worry, or apprehension, our young people can take these onboard as well. *Certainly, life can be tough!!!*

As we continue to provide support for our young people, some things that we can all do are:

Stay calm and empathise

Talk with our young person in a calm manner. Encourage them to ask questions and share their feelings. It can help them to hear that their worries are understandable. At the same time, model and communicate calm, rational thinking and problem-solving to address the "what if's" they may be worrying about.

Listen attentively

This will help us to better understand what questions they may have, and what might be the cause of their worries and fears. Understanding a young person's particular worries is a step toward helping them work through their fears and difficult feelings. Asking open questions helps our young people to process their thoughts and emotions. It also provides us with more information which enables us to support them better.

Provide honest, but thoughtful and brief information

It's important for our young people to know what's going on, but it's important to avoid exposure to graphic images or news footage that may increase anxiety or overwhelm them. Choose what information to share and explain it in a way that is age-appropriate.

Maintain consistent family-care routines

Simple healthy habits like eating nutritious foods, taking walks together, and consistent bedtimes can provide a sense of predictability and comfort and this brings with it a sense of security.

With the school holidays coming up, take this opportunity to spend time relaxing together. Increased connection can ease anxious feelings when young people are feeling fearful.

Express gratitude and share positive news

Encourage them to share news of positive events from during the day, and to practice expressions of gratitude or actions of giving to others. Little by little these things assist our young people to foster positive emotions and offset anxiety.



However, none of us need go through these challenges alone. Together we all form an important part of the wellbeing support team for each and every one of our young people. *Certainly, we can work together!!*

It is my hope that everyone has a safe holiday, including some special occasions of connectedness, returning ready for Term 4, feeling refreshed and rejuvenated.

Take care of yourselves and your precious young ones, Anne Lawry Wellbeing Support annelawrytpps@gmail.com Tuesday 13 September 2022

Change to isolation period for COVID cases

COVID-19 isolation requirements have changed

Any student or staff member who tests positive to COVID-19 must now isolate for a minimum of 5 days instead of 7. If they are asymptomatic, they may return to school on day 6. If they are symptomatic, they must remain in isolation until day 7. If they have symptoms after 7 days, they are strongly advised to stay home until their symptoms have resolved.

As an additional risk mitigation, the Department of Health strongly recommends that those leaving isolation wear a face mask when away from home, both indoors and outdoors, and when they cannot physically distance. Those leaving isolation on day 6 should wear a mask for 5 days but particularly the first 2 days. Those leaving isolation on day 7 should wear a mask for 4 days but particularly the first 2 days.

Those leaving isolation should consider taking a rapid antigen test before attending school.

*** Lunch Orders – Friday 16th Sept, 2022 ***

Orders need to be in Qkr! by 8am

Nat from The Patch Store is expecting it to be a busy day and needs the extra hour to get orders ready.







Move your clocks forward 1 hour





Year 4/5 PIC Workshops



We had an amazing day rotating through three very creative, energetic and fun activities – Dance, Drama and Circus. The best part was that everybody was able to participate and learn not only about the activity but also about

themselves.

The bonus was that all of this was free and we are really grateful to the team who ran the day – Michaela, Dee, Sim, Shona and Amy – and the Shire of Yarra Ranges who provided the grant to run it.



<image>

Grand Final Winners!!

A few of The Patch Primary School students won their grand finals Saturday 3rd September and Monbulk Netball Club sent through some photos – congratulations!!!



Also Premiers, were Ivy, Addison and Ella winning their Grand Final for 11&Under for Monbulk Netball Club. Winning 17 – 6 against Mount Evelyn. Dominating through the mid court Ivy and Addison had some amazing intercepts and passes down the court. Whilst Ella was crucial in the defense, perfecting her intercepts, rebounds and defending the shot. Stella played her Grand Final, for Monbulk Netball Club (13 & Under team). Winning 18 – 13 against Montrose, it was great to see Stella showing her netball skills as a crucial midcourt player.



Their coach and parents are extremely proud of the girls. They have certainly put a lot of effort into improving their netball skills this season, and of course had a lot of fun playing – CONGRATULATIONS!!





LIVING WITH AUTISM 4 week parenting program bringing together parents living with a child with Autism Term 4 2022

Are you the parent or carer of a child who has a diagnosis of autism?

This free 4-week parenting Inis ree 4-week parenting program is an opportunity to ask questions about the autism spectrum and we will support you to consider different approaches/strategies to help with parentian with parenting.

The group is free of charge but bookings are required.

If you'd like more information feel free to contact the team at ParentZone.Eastern@anglicarevic.org.au



DATES: Thursday morning 10th November - 1st December 2022 TIME: 10am - 12pm

WHERE: Online - Via Zoom

COST: Free of charge for parents in the Eastern Suburbs of Melbourne (Bookings essential)

CLICK HERE TO BOOK





Surviving Separation Are you in conflict with the other parent?

Would you like to:

Manage your parenting arrangements with less conflict?

Learn how to best support your children through separation?

- Learn better ways to deal with your emotions and theirs?
- Build communication skills for the future, for yourself and your children?

Come along, learn some skills to resolve conflict and connect with other parents about the best ways to co-parent, always putting your child's needs first.

Anglicare

Victoria

When: Mondays - October 10th -December 5th inclusive (eight evening sessions, no session on October 31)

Time: 7.00pm - 9.00pm Where: Online via Zoom Who: Separated parents Cost: Free (Bookings are essential) Bookings: Click here to register Questions: Julia at Parentzone 9721 3629 or 0400 866 495







FOR PARENTS & CARERS OF CHILDREN WITH A **DISABILITY (including ASD, ADD)**

PARENT PEER SUPPORT GROUPS STRENGTHENING PARENT SUPPORT PROGRAM

Are you a parent or carer of a child with a disability or developmental delay (with or without a formal diagnosis)? Could you use a bit of support and connection with others who understand?

Come along and join other parents and carers at one of our monthly peer support groups. Share stories and strategies, and have a cuppa, a chat and some laughs with other supportive parents and carers in a casual and comfortable environment. You can come to one or as many groups as you like!



Groups are free of charge and bookings are required

For information on groups, individual support, or if you'd like an information session for your community group or organisation, contact on Michelle 0438 646 744

Details for all groups listed over page.

PARENTZONE

- Deal with anger and anxiety?
- Establish boundaries with your child around screen use and other challenging behaviors?
- Understand tween development? • Deal with conflict and improve
- relationships?

Come along to these 6 interactive sessions. Share strengths, challenges, and strategies to parent 8 to 13 year old. When: Monday afternoons (6 sessions) Mon 10th Oct to Mon 14th Nov 2022 Time: 12:00 noon - 2:00 pm Where: Online via Zoom. Participants will need access to a device with video and audio in order to participate Cost: Free of charge Registrations: click here

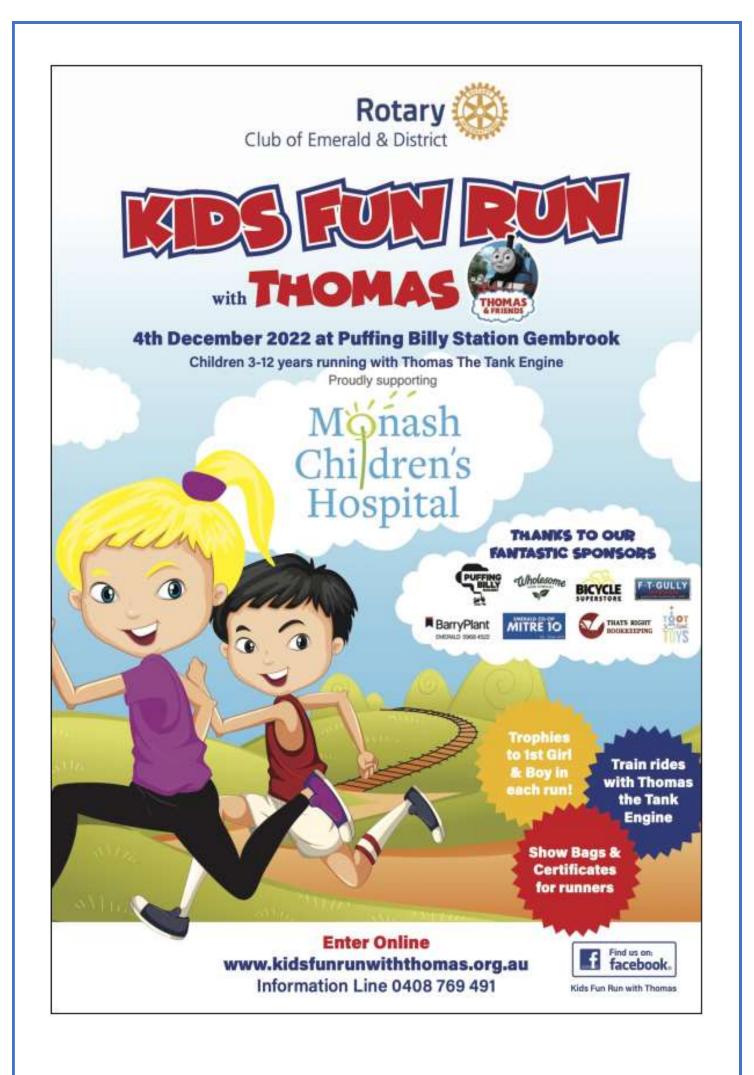
anglicarevic.org.au



Enquiries: sharon.muir@anglicarevic.org.au



NOT



SEASON 2022-2023

MONBULK CC PROVIDES OPPORTUNITIES FOR BOYS & GIRLS OF ALL AGES, EXPERIENCE & SKILL LEVEL

EGISTRATIONS NOW OPE SCAN THE OR CODE TO REGISTER FOR THE UPCOMING SEASON! PE

JUNIOR BLASTERS SUPER 7'S FAST 9'S FRIDAY EVENINGS - 5-8 YEARS OF AGE WEDNESDAY EVENINGS - UNDER 10'S FRIDAY EVENINGS - UNDER 11'S

HA'A'K

UNDER 12'S FRIDAY EVENINGS

UNDER 14'S FRIDAY EVENINGS

UNDER 16'S SATURDAY MORNINGS

FREE PLAYING CAP AND SHIRT FOR ALL NEW PLAYERS



FOR MORE INFORMATION, PLEASE CONTACT STEVE HOOPER - JUNIOR CO-ORDINATOR 0407 665 136 / S.HOOPS@BIGPOND.COM

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TOM WATSON - JUNIOR BLASTER CO-ORDINATOR 0417 538 329 / WATTO1987@GMAIL.COM

Join Scouts Today!

ma

OUT

BEASC

1st Kallista Scout Group

Scouting actively engages and supports young people aged 5-25 in their personal development, empowering them to make a positive contribution to society.

Joey Scouts (5-8 years) Mondays 5:30-6:30pm Cub Scouts (8-11 years) Tuesdays 7:00-8:30pm Scouts (11-15 years) Thursdays 7:00-9:00pm

kallistascout@gmail.com



1800 SCOUTS scoutsvictoria.com.au





Community Notices

Music Tuition with Chris Walker

Lessons in piano, guitar and bass guitar during school hours and after. Phone 0407 049 012 or email <u>chrisw7@ymail.com</u>

Violin & Viola Lessons

Private violin/viola lesson available for all grades from prep. Please contact Hiro (0423 765 312 or hiro1656@hotmail.com)

Private Ukulele Lessons

The Patch School students now have the opportunity to take private ukulele lessons. The Patch School parent, Jess Dunn, has had 6 years' experience teaching ukulele to kids and adults and loves teaching at The Patch. The cost is \$18 for a 20-minute individual lesson or \$12 for a 20 minute group lesson (subject to suitable pairing). For more information, please call or email.

0408 102 542 jessdunn.arts@gmail.com

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