Discipline vs. Punishment

What is discipline? What does punishment work? Do you wonder how to get your kids to behave? Which is the best way to deal with a child’s behaviour?

Come share your views, skills, solutions and ideas at this workshop.

Who: Dads, mums & carers of children under 12 years

When: Thursday 14th November

10:00 – 12:00 pm

Where: Shepparton Family Centre, Cnr. Moor Gully Road and Barnewell Rd, Shepparton (enter car park via Barnewell Rd)

Cost: free (bookings essential)

Contact: Helena Parentzone on 03 5813 2088 or 0408 587 214

Behaviour

Why do kids behave the way they do? What is misbehaviour and what to do about it? Come share your views, skills, solutions and ideas at this workshop.

Who: Dads, mums & carers of children under 12 years

When: Tuesday 26th November

10:00 – 12:00 pm

Where: Shepparton Family Centre, Cnr. Moor Gully Road and Barnewell Rd, Shepparton (enter car park via Barnewell Rd)

Cost: free (bookings essential)

Contact: Helena Parentzone on 03 5813 2088 or 0408 587 214

Rules & Consequences

What are positive rules? How do you make them work? How do you stop bad behaviour? Join us to explore strategies to help your family live together, instead of apart!

Come share your views, skills, solutions and ideas at this workshop.

Who: Dads, mums & carers of children under 12 years

When: Thursday 28th November

10:00 – 12:00 pm

Where: Shepparton Family Centre, Cnr. Moor Gully Road and Barnewell Rd, Shepparton (enter car park via Barnewell Rd)

Cost: free (bookings essential)

Contact: Helena Parentzone on 03 5813 2088 or 0408 587 214

Dealing With Feelings

Yours and theirs

Are you wondering how to help kids deal with feelings? How to handle their anger and yours?

Come share your views, skills, solutions and ideas at this workshop.

Who: Dads, mums & carers of children under 12 years

When: Thursday 8th December

10:00 – 12:00 pm

Where: Shepparton Family Centre, Cnr. Moor Gully Road and Barnewell Rd, Shepparton (enter car park via Barnewell Rd)

Cost: free (bookings essential)

Contact: Helena Parentzone on 03 5813 2088 or 0408 587 214

Resilience

What is resilience? Where does it come from?

Come share your views, skills, solutions and ideas at this workshop.

Who: Dads, mums & carers of children under 12 years

When: Thursday 15th December

10:00 – 12:00 pm

Where: Shepparton Family Centre, Cnr. Moor Gully Road and Barnewell Rd, Shepparton (enter car park via Barnewell Rd)

Cost: free (bookings essential)

Contact: Helena Parentzone on 03 5813 2088 or 0408 587 214