Dear Parents and Caregivers,

Puberty is a challenging time for adolescents and those around them. Understanding the physical changes our bodies undertake (whether we’re ready or not!) and the impact these changes have on our ability to interact with others rationally, is essential. Learning how to manage these changes and the emotional challenges of relationships can seem like an impossible task, but is invaluable!

We are excited to have Kate Wilde coming into our school this year to deliver educational sessions on relationships and puberty. Kate works very closely with Monbulk Secondary College and is an outstanding presenter, as those who attended the ‘Caregivers and Daughters’ night at Monbulk can corroborate.

Our program will involve four forums, with each student being involved in two gender specific groups. The sessions are about puberty and relationships and are not considered “sex education,” sex education is generally delivered in Year 7 at secondary school. Educating our students about how their bodies are changing and will change is the focus for the majority of the sessions. We want you to feel comfortable that the information being made available to your child is age appropriate.

Kate will also be holding a parent information night on Monday the 4th of June. This will outline the content of the student sessions and answer any questions you may have. The parent information night will be delivered in the same manner as the student session and include the same material. We encourage all to attend.

Time Table

- Parent Information Night - 4th of June, 5:30 - 7:00 pm
- Boys first group - 20th June, 9:00 – 10:00 am
- Girls first group - 20th June, 10:00 – 11:00 am
- Boys second group - 27th June, 9:00 – 10:00 am
- Girls second group - 27th June, 10:00 – 11:00 am

The cost per student is only $5.00 and needs to be paid to your child’s teacher by Wednesday 13th of June. Payment is not required prior to the parent information night. However, please ensure that payment is made promptly after this.

Kate presents in a non-confrontational and humorous manner and will encourage the students and set them at ease. We hope you are as excited by this opportunity as we are.

Yours from the new building,

Level 4 Teaching Team

DUE DATE: WEDNESDAY 13th JUNE

I am happy for my child ___________________________ to attend the puberty and relationships information forums on the 20th and the 27th of June.

I have enclosed $5.00 for payment of these classes.

Signed ___________________________